





Subventions

Programme LEADER 2014-2020

GDR-Costa da Morte Region.

action of the programme is managed by t GDR-Costa da Morte that consists of the following councils:

> Coristanco

> Dumbría

Multipurpose Building A Torre Street, no number T. 678 648 065

Regional Centre of Bergantiños A Camposa, no number, Buño 15111 - MALPICA DE BERGANTIÑOS

> Muxía

> Ponteceso

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The region of Dumbría has been inhabited since an early age. The remains of prehistorical villages appear along

Celtic Neolithic fortified settlements. You will discover an

the region as dolmens, sepulchres, petroglyphs and

The monumental dolmen of Pedra da Arca de Regoelle

(3.500-2.700 B.C.) is a wonderful example of the megalithic

architecture. It is one of the biggest in Galicia. From the same

period and in the surroundings of Alto do Fragoso, we can see

the cave paintings of Pedra Ancha. The ensemble of sepulchres

along the region. The most significant are the Neolithic fortified

The church of San Pedro de Buxantes (18th Century) is one of

to Domingo de Andrade. In its inside is a choir made of stone.

The church of Santiago de Berdeogas has been built between

the 16th Century and the 18th Century. It has a statue of the

Santiago Apostle wearing as a pilgrim. In the surroundings of

the temple are located the oak grove, the Neolithic fortified

settlement, the centenary pigeon loft and a big stilt granary

that form the typical card of the Galician rural. The influence of

the baroque related to Santiago de Compostela can be visible

in the altarpieces of Santa Eulalia de Dumbría or in San Mamede

the best beautiful construction in the region, which is attributed

There are abundant ancient fortifications with Celtic origin

settlements of Teixoeiras, Logoso, Regoelle, Alvarellos and

Berdeogas, where a Romanesque altar has been found.

astonishing archaeological and artistic heritage.

HERITAGE

Archaeological history

in Olveira also stands out.

Religious history

de Salgueiros.







The church of Santiago de Olveira dated back to 12th Century, but it has been remodelled in the 18th Century and in the 19th Century. The sacristy is attached to the apse. In its inside are the altarpieces with sculptures.

Civil history

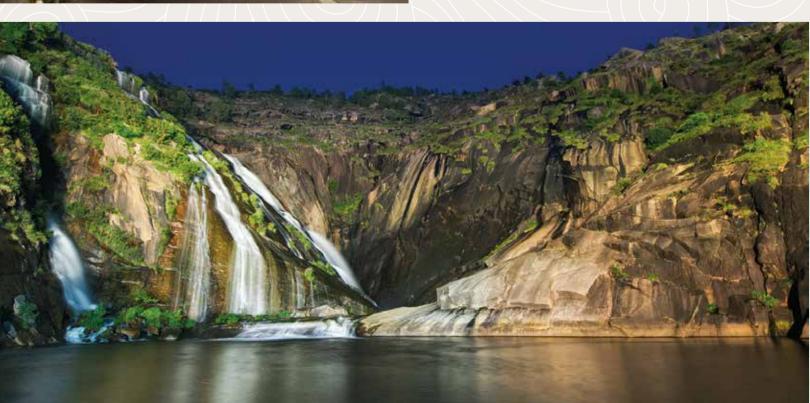
In the Santiago Way is situated the bridge of Ponte Olveira (17th and 18th Centuries), which was the scene of the Napoleonic battles. It has been built over an ancient Romanesque bridge, being the most representative construction of the civil architecture.

ÉZARO VIEWPOINT

Visiting this viewpoint at the sunset is a unique spectacle, due to it is one of the most beautiful and astonishing viewpoints in Galicia. From this balcony we can observe an amazing panoramic view of the Atlantic Ocean. On its left side we can see the Pindo Mountain, which is like a monumental wall that reflects all tints of the red colour. Over the horizon the sun is merged in the immensity of the ocean with the Fisterra Cape in the distance together with the sea inlet of Corcubión creating an astonishing landscape.

SANTIAGO WAY

The Santiago Way to Muxía – Fisterra crosses Dumbría and is sprinkled by wonderful places to discover and modern facilities to enjoy. There are great attractions along this stretch of the way, such as villages made of stone, Neolithic fortified settlements, bridges, transepts, sanctuaries, legends and much history. In the village of Hospital is located the Pilgrim Centre with all useful information about the way and the public pilgrim hostels in Dumbría and Olveiroa with all services.





TO DISCOVER

In Dumbría you will find a fascinating and mysterious territory, where the water determinates the magic character of this region. In addition to this, the nature amasses landscapes with an incredible beauty.

In order to know this region you could do routes on foot or riding a bike along specific areas. For example, if you go to the Fervenza Reservoir, you will find an immense artificial lake which is integrated in the landscape. It is very recommendable in order to observe birds. Close to here is the Aula de Natureza, which is a place to rest where you could know better the flora and fauna.

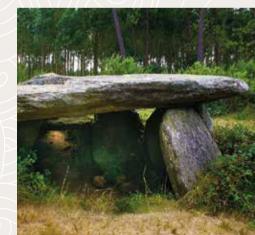
It is very recommendable to go to the mountain path of Xallas, where you will discover the true brightness of this river. In this stretch, the Xallas River goes among the Pindo Mountain creating several granitic caves named as Pías or Caldeiras.

These formations with great ecological value sometimes retain water and acquire turquoise colour that contrast with the stone. Moreover, you will discover endless waterfalls that capture all colours of the rainbow.

This area is very recommendable to practise hiking "out of the route" or for people who are fond of extreme sports. Here they will find an ideal place to practice canyoning.

These are only some suggestions, due to if you would like to "get lost", you will find many extraordinary places to have lunch, to go for a walk among small granitic villages, oak groves and even a colourful cemetery.





FESTIVITIES

In Dumbría there are festivities along the year but there are pointed dates when the different festivities takes place and they are a must.

The Carnival of Dumbría is one of the most famous carnivals in Costa da Morte, due to it is a success of participation, sense of humour and imagination. There are troupes, bands, orchestras, passacaglia music, and much colour and fun, which are guaranteed in this so special festivity.

The Beach Party takes place in O Ézaro with sports competitions on the national level like the Championship of Beach Volleyball, plays in the sand and the Beach Football. Moreover, there are the sardiñada (the sampling of roasted sardines) and open-air dances. It is a very recommendable combination. The Family Festivity takes place in the beautiful oak grove in Berdeogas. It is a festivity to enjoy the rustic aperitif, the sound of the bagpipes, the orchestras and the open-air activities.







SPORT

Talking about Dumbría is talking about sport. It could say that this council is the sports heart of the Costa da Morte. It is not a coincidence that the Volta Ciclista a España (the Spain cycling rice) has been crossed along the region of Dumbría three times.

Events like the Gran Fondo Ézaro congregates every year thousands of participants to live this challenge, climbing ramps with inclinations up to 29% to reach the goal in the Ézaro viewpoint. Moreover, the Galician Championship of Beach Volleyball, the Galician Championship of Canoeing and the World Fly-fishing Tournament attract every year thousands of amateurs. For the adventurous people there is nothing better than to test the Fervenza en kayak (routes by kayak to the waterfall), mountain bike routes, hiking, and paddle tennis in the court situated in the surroundings of the waterfall or canyoning in the ending stretch of the Xallas River, which is a very attractive option.

CIR

In Ézaro is located the Interpretation Centre about the Pindo Mountain and the Ezaro Waterfall Routes. Here you will be able to widen the information about the routes and discover other new ones. You will also find information about its fauna, flora, history, legends, curiosities, interactive boards and videos.

BEACH

Sheltered by the Pindo Mountain and close to the Ézaro waterfall is located the Ezaro beach with fine sand and quiet crystal clear water. It has Blue Flag and all services. This beach is ideal to disconnect with so refreshing and intense activities. Let's try the kayak in the Waterfall, the routes to the Pindo Mountain, a visit to the Interpretation Centre about Routes and the paddle tennis court.

A HIGH, CHARMING AND LEGENDARY WATERFALL

The Ézaro Waterfall is one of the most emblematic and beautiful places in the Costa da Morte. It is an icon of the nature that attracts every year thousands of visitors that were arriving here to contemplate this spectacle of water.

But this fascination is not new. Distinguished important people like Frei Martín Sarmiento, Manuel Murguía or Otero Pedrayo were leaving proof of this feeling in their books. The Waterfall is one of those incredible places with legends and history. Saracens and Vikings went to this area and there are people who think that the Vikings were repairing their vessels in a small shipyard situated in the estuary of O Ézaro.

They tell that several centuries ago, when the Xallas River had its natural caudal, the columns of vaporised water formed in its estuary were so high that were serving as reference for the sailors, because of this phenomenon was son singular that there was without a doubt about where they were.

> The Ézaro Waterfall is recognised as Geological Interest Point by the singularity of its formations that include the canyon of the Xallas with its waterfall to the ocean from 40 m of altitude and the estuary. It is the only one river in Europe that flows to the sea in this way. This place is a must in Galicia. If you can visit it at night, you will enjoy an unforgettable spectacle with light, water and sound, because of the waterfall is illuminated.



Close to the Santiago

COSTA DA MORTE

A TERRITORY FULL OF WEALTHS

The Costa da Morte GDR is a non-profit organization that has been created to integrate and represent the different territorial, institutional, social and economical agents, both the public and the private, who are interested in promoting and developing this

Our responsibilities are related to the paperwork of grants of the "Leader Galicia 2014-2020" Program and the promotion and dissemination of our territory. We inform and act as consultant to the rural population about the rural development programmes. Moreover, we stimulate the participation as well as we promote, gain initiatives and accompany the promoters in the process of project maturation.

Other aspect of our work consist in publishing our appreciated resources and the great heritage of these regions, such as the tourism, the gastronomy and the immaterial, artistic, archaeological or natural heritage.

The Costa da Morte GDR is composed by 17 councils: Cabana de Bergantiños, Camariñas, Carballo, Carnota, Cee, Corcubión, Coristanco, Dumbría, Fisterra, A Laracha, Laxe, Malpica de Bergantiños, Mazaricos, Muxía, Ponteceso, Vimianzo and Zas.

Each council is unique and provides our initiative with a great value; from natural, economical, tourist, cultural, gastronomic and patrimonial resources to pioneering initiatives of the habitants. The uses of these resources promote the development of our territory.

To know all is to discover a great part of the wealth in

